# NATURE, CULTURE, HISTORY



### Welcome to Suomussalmi!

### **ONE-WEEK TRAVEL PACKAGE IN SUOMUSSALMI**

**Experience an unforgettable holiday in the northern part of Arctic Lakeland**, where you'll immerse yourself in the unique culture and lifestyle of the reindeer herding area. Explore the pristine beauty of Hossa National Park, an enticing destination for European travelers seeking winter adventures in breathtaking national parks. Come together as a group, or join existing groups as a solo traveler!

During the travel package, you will get to know the local culture, sights, experiences, and the **Suomussalmi way of life in the midst of pure nature and silence**.

The travel package includes:

- Transportation to and from the airport
- Accommodations with breakfast
- Lunches and dinners
- A guided program for each day of your stay in Suomussalmi
- All transportations to activities
- Free time to explore the area and its services on your own

During the travel package, we take good care of you, providing help and guidance in all matters. **Even though the Suomussalmi winter is cold and snowy, we ensure you stay warm and are not bothered by hunger or fatigue.** We will provide winter clothing, such as a snowsuit, footwear, a hat and gloves for all outdoor activites.



## DAILY PROGRAM: SATURDAY





**Arrival at Kajaani Airport** and guided transport to Suomussalmi. During the transport our guide welcomes you to Finland and Suomussalmi with refreshments and provides information about your stay, local attractions and can answer any and all questions you might have.

**Check-in for accommodation and dinner at Spa Hotel Kiannon Kuohut.** Spa Hotel Kiannon Kuohut offers tickets to the spa and gym for each day of your stay, according to the spa's opening hours. **www.kiannonkuohut.fi/en/hotel-accommodation/** 

**Alternatively, affordable accommodation** is available at Kuutamo Guesthouse, which includes breakfast, which you can prepare yourself from the provided ingredients. Spa not included. In Kuutamo Guesthouse you'll be accommodated in rooms of 2 or more persons. There are three shared toilets, two showers, and a sauna available. A fully equipped kitchen is available for your use during your stay. Please note that Kuutamo Guesthouse can accommodate max. 10 persons. <u>**en.kuutamokoti.fi**</u>

While staying at Kuutamo Guesthouse, lunches and dinners included in the travel package are served in Hotelli Kiannon Kuohut.

### MONDAY

#### Vanha Kurimo flatbread workshop

A fire in the oven of the old log cabin creates a warm atmosphere where we guide you to bake potato flatbread. While baking, we share the history and background of this traditional cuisine. After baking, you will **enjoy hot and steamy bread "rieska" with Salmon Soup for lunch.** 

At the end of the program, you will have time to explore Vanha Kurimo's country courtyard and play snow games. **enkultainenkukko.tarjoaa.fi/3** 

#### Guided bus trip to The Battle of Raate Road

The Battle of Raate Road took place during the Winter War between Finland and the Soviet Union in early 1940. <u>www.raatteenportti.fi/en/</u>

You will have the opportunity to explore the key stages of The Battle of Raate Road as our guide recounts the events.

Dinner will be served at Spa Hotel Kiannon Kuohut.



### TUESDAY





#### **Korpiporo Reindeer Praxis by Luana**

Reindeer Praxis offers a serene moment in nature with reindeer, focusing on movement and relaxation of the body. We engage in simple yet effective exercises targeting the entire body while prioritizing mental well-being. No prior experience in exercise or working with reindeer is necessary to participate. **www.korpiporo.fi/en/** 

Lunch at Spa Hotel Kiannon Kuohut

### Kalevala Experience - The Healing Power of Nature

Experience holistic well-being inspired by nature and Finnish folklore right at the Hotel Kiannon Kuohut. Here a warm peat bath soothes and revitalizes muscles while eliminating toxins from the body. After the treatment, you can experience ice swimming. <u>www.kalevalaexperience.fi/?lang=en</u>

Dinner will be served at Restaurant Kultainen Kukko, located 200 meters from the hotel.

### WEDNESDAY

Check out from Spa Hotel Kiannon Kuohut and travel to **Winter Enchantment of the Silent People.** 

What are these 900 figures standing amidst the wilderness, surrounded by snow? Why are they there?

**Unravel the secrets of the Silent People** and experience their magical allure. During your visit, stroll along the path amidst the figures and listen to their whispered tales.

Enjoy a delectable **lunch at the Meadow Cottage Restaurant** while the hostess regales you with stories about the origin of the Silent People and the surrounding area. **www.niittykahvila.fi/en/** 



## WEDNESDAY EVENING – SATURDAY MORNING



### Three-Day Adventure in the Silence of Hossa

Welcome to an unforgettable journey in traditional log cabins, where magical experiences await you!

Spend three nights in authentic, rustic log cabins where you can enjoy the warm glow of a fireplace and the surrounding silence. These traditional cabins combine simplicity and closeness to nature, offering you the **perfect place to relax and escape the hustle and bustle of everyday life.** Accommodation is mainly in shared dormitories, but some guests will have the option of double rooms, which are allocated on-site. The views from the windows are enchanting, and at night you can admire the dancing Northern Lights.

Breakfast and dinner are enjoyed together, providing an opportunity to share the day's experiences and plan future adventures. Lunches are savored during excursions at campfire sites, where food prepared in the heart of nature tastes especially delicious.

With your host, **Timo Kaikkonen**, you will embark into adventures in Hossa National park. Three days in Hossa include winter biking, ice fishing, snowshoeing and many other memorable experiences!

#### kainuunluontoretket.fi/en\_US

### WEDNESDAY – SATURDAY, EXPERIENCES

**Snowshoeing Excursion:** Embark on an adventure and take a snowshoeing trip into the ancient forests of Hossa National Park! Experience the peace and untouched nature as you walk through snow-covered forests. The excursion lasts 6 hours, requires moderate fitness, and we move together as a group. During the trip, we will stop to enjoy a lunch break by the campfire amidst nature.

Winter Biking Excursion: Discover Hossa National Park in a new way - hop on a winter bike and let the excitement flow. This unique experience offers the chance to see the park's stunning nature up close. This 6-hour excursion requires moderate fitness, and we move together as a group. During the trip, we will also enjoy lunch in the heart of nature.





### WEDNESDAY – SATURDAY, EXPERIENCES



**Ice Fishing**: Test your skills in winter fishing right in front of your cabin. Are you passionate about net fishing or ice fishing? We offer both! Enjoy the fresh winter air and the quiet nature while fishing.

Log Sauna and Ice Swimming: Relax at the end of the day in the gentle heat of a traditional log sauna. Once you've warmed up enough, you can plunge straight into an ice hole or roll in the clean snow. This refreshing experience provides you with a holistic sense of relaxation and well-being.



### DEPARTURE

On Saturday you'll have the opportunity to embark on self-guided activities such as fishing, snowshoeing, cycling, as well as the possibility for lunch and a sauna." **At 2 pm our transport will take you to the airport.** 

During the drive, we'll stop at Neste Kontiomäki, where you have an opportunity to refresh, shop and purchase lunch.

Relaxed, refreshed and with great memories... See you at Suomussalmi!

<u>visitsuomussalmi.fi/en/</u>

